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THE ASHLEY MADISON AFFAIR

Capital Cheaters

More than 500 people with Government of Canada emails are registered on Ashley Madison. Metro reporter Haley Ritchie dug through the data and found the hacking scandal spreads to Ottawa and all the corridors of power.

See **metroNEWS** for the details

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Cross-exam drags politics into court

STAR WITNESS

Lawyer questions credibility of Nigel Wright

The idea there are two trials going on this week — the criminal trial of Sen. Mike Duffy and the one playing out on the campaign trail — made an entrance in an Ottawa courtroom Wednesday as the Crown accused the defence of trying to score political points.

"This seems to be entirely politically motivated," Crown attorney Mark Holmes said as he made a spirited objection to a line of questioning from defence lawyer Donald Bayne as he neared the end of his cross-examination of Nigel Wright.

"Mr. Duffy and Mr. Bayne may have an agenda, but I don't think the court should be party to it," Holmes said.

Wright, the former chief of staff to Conservative Leader Stephen Harper is a star witness for the Crown in the trial of Duffy because it was he who personally provided the Senator with the \$90,172 he needed to reimburse inappropriate housing expenses.

Harper has faced repeated queries from reporters on the



campaign trail this week over testimony from Wright, as well as hundreds of emails depicting how the Prime Minister's Office (PMO) managed the political crisis, raising new questions about who in his office knew what, and when, about the money from Wright.

Duffy has pleaded not guilty to 31 charges including bribery,

fraud and breach of trust. Wright was investigated by the RCMP but never charged.

Holmes made his objection as Bayne grilled Wright over what he had meant when he told colleagues in the PMO in an email on May 14, 2013, that Harper knew, "in broad terms only" that Wright had "personally assisted" in getting Duffy to repay his expenses.

"The personal part is that it wasn't all done through other staff members, that I was engaged and involved personally," Wright told the court.

Bayne then challenged the credibility of Wright, and Holmes stood up to say that he expected Bayne to make that submission in December, noting pointedly the election would be over by then and so "it won't really matter as much, I dare say."

If more time is required, the trial is scheduled to restart again in mid-November, and continue until December 18.

Ontario Justice Charles Vaillancourt decided to allow Bayne to continue, at which point Wright repeated his earlier assertion that he had not told Harper about his personal cheque to Duffy.

"You say those words do not amount to an admission that you told the prime minister about the only personal part you did play in this assisting him, meaning that you had provided the funds?" Bayne asked Wright.

"I do," Wright said on the stand. TORSTAR NEWS SERVICE

IN PHOTO: Nigel Wright, leaves the courthouse in Ottawa following his sixth day of testimony at the trial of Mike Duffy on Wednesday.

JUSTIN TANG/THE CANADIAN PRESS

OPINION

Many questions, few answers in Duffy case



Steve Rennie
Metro | Ottawa

Stephen Harper needs to start answering questions about the Mike Duffy affair.

Not just repeat talking points — actually answer questions, fully and candidly and completely. And there is no shortage of questions.

How's this for starters? Why did Harper insist his former chief of staff, Nigel Wright, acted alone when he cut Duffy

Wright himself emailed PMO colleagues one day earlier — that would be May 14 — to say, "The PM knows, in broad terms only, that I personally assisted Duffy when I was getting him to agree to repay the expenses." CTV broke the story on the night of May 14. Did no one tell Harper that night about his chief of staff's actions?

If he only found out on May 15, then what exactly was Wright talking about on May 14?

These are just a few questions. There are many, many

The PM knows, in broad terms only, that I personally assisted Duffy when I was getting him to agree to repay the expenses.

Nigel Wright in an email to colleagues

a \$90,000 cheque to repay questionable expenses? Reams of documents — all written by staff in Harper's own office — make it pretty obvious that the circle of people who knew about the scheme was wider than just Wright and Duffy.

Or what about this: Why does Harper refuse to acknowledge that his current chief of staff, Ray Novak, was in the loop?

The PMO's own lawyer told the Mounties he clearly remembers looking Novak in the face when Wright said he would personally cover Duffy's expenses.

Or maybe this: How is it possible that Harper did not find out that Wright cut the cheque himself until May 15, 2013?

more. But Harper has been sticking to the same lines at every campaign stop.

When reporters quote documents — again, documents from within his own office — that seemingly contradict his own statements, Harper tells them he rejects the premise of their questions and then repeats his talking points.

Lately, Conservative supporters have taken to booing reporters who have the temerity to ask Harper questions about the Duffy affair.

But their catcalls won't make the questions go away.

No, this problem won't go away until Harper starts answering questions. Talking points don't cut it.

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Ottawa, Gatineau mayors to push local issues to candidates

ELECTION 2015

Securing seats on the NCC board among priorities

Michael Woods
Metro | Ottawa

The mayors of Ottawa and Gatineau are teaming up on an effort to spotlight local issues during the federal election campaign.

Among the priorities for Jim Watson and Maxime Pedneaud-Jobin: securing seats on the National Capital Commission's board, a wish they first expressed last year.

"Together, we represent 100 per cent of the people that are affected daily by the NCC's decisions," Pedneaud-Jobin said at a joint announcement Wednesday in Gatineau.

"It just makes sense that as a city, we are represented on the board."

Getting seats for members of Ottawa and Gatineau city councils would require a legislative amendment by the federal government.

The mayors stress relations between their cities and the NCC have improved under the commission's current CEO, Mark Kristmanson.

But Watson said there remains a "level of frustration that the majority of the people who sit on the board will make a decision that will have a direct impact on our communities, then hop on



Mayor Jim Watson, left, and Gatineau Mayor Maxime Pedneaud-Jobin outside the Canadian Museum of History on Wednesday. They are working to push federal candidates to focus on local infrastructure, transit and affordable housing. MICHAEL WOODS/METRO

a plane and leave and not have to live with the consequences."

He suggested last year's spat between the city and the NCC over the proposed western light rail route could have been avoided with local representation on the commission's board.

"I think we could have resolved that issue before it flared up if we had seats around the table and we could better explain our position."

The mayors unveiled their plan to ensure local issues — particularly infrastructure, transit and affordable housing — get attention from the federal candidates during the run-up to the Oct. 19 election.

First, they are briefing local candidates about local priorities. Watson's first such meeting is Thursday morning with the nine local Liberal candidates.

Second, they are sending out

questionnaires to all party leaders and local candidates.

The answers will be published online before the end of September.

Third, each city will hold a debate. Ottawa's will be held Monday, Oct. 5, with each party invited to send one local candidate.

It's the first time the cities are co-ordinating such efforts, the mayors said.

At the news conference, Watson hinted at some of what the candidates might hear, saying the cities need "reliable, sustainable long-term infrastructure funding."

"These programs that come with a quick deadline ... that's not good for planning," he said. In general, he added, the city needs "fewer surprises from the federal government, and more predictability and reliability of what's going on."

LABOUR

Teachers' union mum on new deal

Most Ontario teachers' unions are back at the bargaining table with school boards, but they haven't even started talking about the government's demand for "net zero" wage increases.

After a lull of several months, negotiations for unions representing 115,000 teachers have either resumed or are scheduled, but they're still dealing with non-monetary issues, said Ann Hawkins of the Ontario English Catholic Teachers' Association.

Hawkins won't say if OECTA is prepared to accept a deal without a pay hike, but points out teachers already had their wages frozen for the previous two years.

"I don't know which other segment of society is going to look at a five-year wage freeze," Hawkins said in an interview. "We're still struggling with the other issues, which are non-monetary items, and we're hoping if we can get those solved then we can look at where we go on wages and benefits."

Premier Kathleen Wynne says the government will not fund any salary increases for civil servants or anyone in the broader public sector — more than one million Ontario workers — until it eliminates an \$11.9-billion deficit, which it plans to do by 2017-18.

"I know that there is consternation among the teachers' ranks," Wynne said Wednesday. "I've said all along this is a difficult negotiation. We're in a difficult fiscal situation."

However, unions representing nurses, police, firefighters, municipal employees and hospital workers in many Ontario communities have reached contracts this year with pay hikes or been awarded salary increases by arbitrators.

OECTA is concerned about attempts to remove a regulation that requires boards to hire teachers based on seniority and qualifications, which the government agreed to in 2012 to end complaints about nepotism, but only after contract talks with the Ontario Public School Boards' Association broke down, said Hawkins.

OECTA is scheduled to return to bargaining Thursday, the same day its members will begin job action at a high school in Moosonee, which starts classes several weeks earlier than most Ontario schools.

The unions are warning of co-ordinated job actions if there are no new agreements when classes resume, but none is threatening a full scale strike at this point.

THE CANADIAN PRESS

DEVELOPMENT

Local architect vows to keep fighting Zibi build

Haley Ritchie
Metro | Ottawa

Publicly paid-for sacred parkland or a privately funded new green condo community? Those competing visions for the downtown Chaudière and Albert islands were hashed out this week at an Ontario Municipal Board hearing in Ottawa.

The final day of the pre-hearing ended early on Wednesday.

Now OMB chairman Richard Makuch will now have to decide whether to dismiss the complaint against Windmill Development's Zibi project or go forward with a full hearing.

The majority of decisions

are made within 45 days of a hearing, according to the OMB website, meaning a full decision is expected in October.

"There's no way that they are going to proceed with those islands. No way," said Douglas Cardinal, a local architect leading the charge against the development.

Cardinal promised to continue fighting the development, even if Makuch's ruling sides with Windmill.

The two sides presented complex arguments over the three-day pre-hearing, often veering from dry planning legislation into emotional speeches about reconciliation and Aboriginal ties to the area.

While some have come forward pledging support to Car-

dinal, other Algonquin leaders have supported the development.

Pikwàkanagàn Chief Kirby Whiteduck and the Algonquins of Ontario, two groups currently negotiating on land treaties for the area, have praised Windmill's community outreach.

The developer has promised to work alongside local Aboriginal people to hire Algonquin workers and incorporate local culture into the project.

Larry McDermott, an appellant who supports the parkland vision, directed his criticism towards the entire OMB process, which he said is incredibly complex for non-lawyers.

"Structures like this that ad-



An image of Windmill Development's project, called Zibi, along the Chaudière Crossing. CONTRIBUTED

judicate issues where there are conflicting opinions on how the land should be used are still based on colonial models," he said.

"Most indigenous people would find it very, very difficult to participate. It does not reflect indigenous models of problem solving," he said.

Mayor sends message to cabbies: 'Stop shooting yourself in the foot'



Protesters have been making noise lately at the Ottawa airport. LUCY SCHOLEY/METRO

LABOUR

Watson says passengers are being pushed toward Uber



Michael Woods
Metro | Ottawa

Ottawa's mayor scolded taxi drivers on Wednesday for job-action tactics that have disrupted traffic near the airport, saying the cabbies are losing the goodwill of the public.

"I think the taxi industry is not doing itself any favours by continuously doing things that anger and upset the public," Mayor Jim Watson told reporters Wednesday.

"The frustration of the public is boiling over," he said. "My message to the taxi industry: Stop shooting yourself in the foot. Stop pulling stunts like that undercover video, block-

ing the airport parkway, honking horns incessantly at the airport.

"You're not winning friends. You're actually pushing people over to Uber, which is exactly the opposite of what you want to accomplish."

Airport taxi drivers have been protesting an increase in pickup fees — Coventry Connections, which owns several cab companies in Ottawa, has locked out the drivers for refusing to pay the new fees.

ing service that has turned the taxi industry on its head since launching in Ottawa last October, but it has fomented displeasure among customers, many of whom have turned to Uber in frustration.

Watson said he understands that it's hard being a cab driver, and many of them are living at or below the poverty line.

"But I think their leadership has to step back and recognize that what they're doing now is doing more harm than good



I think the taxi industry is not doing itself any favours by continuously doing things that anger and upset the public.

Mayor Jim Watson

Their tactics have included loudly honking horns at the airport and driving very slowly along the Airport Parkway, holding up traffic.

The protest is not directly related to Uber, the ride-shar-

to their cause," he said.

Watson directed city staff Tuesday to fast-track the city's review of taxi industry regulations, meaning the report would be ready by the end of the year.





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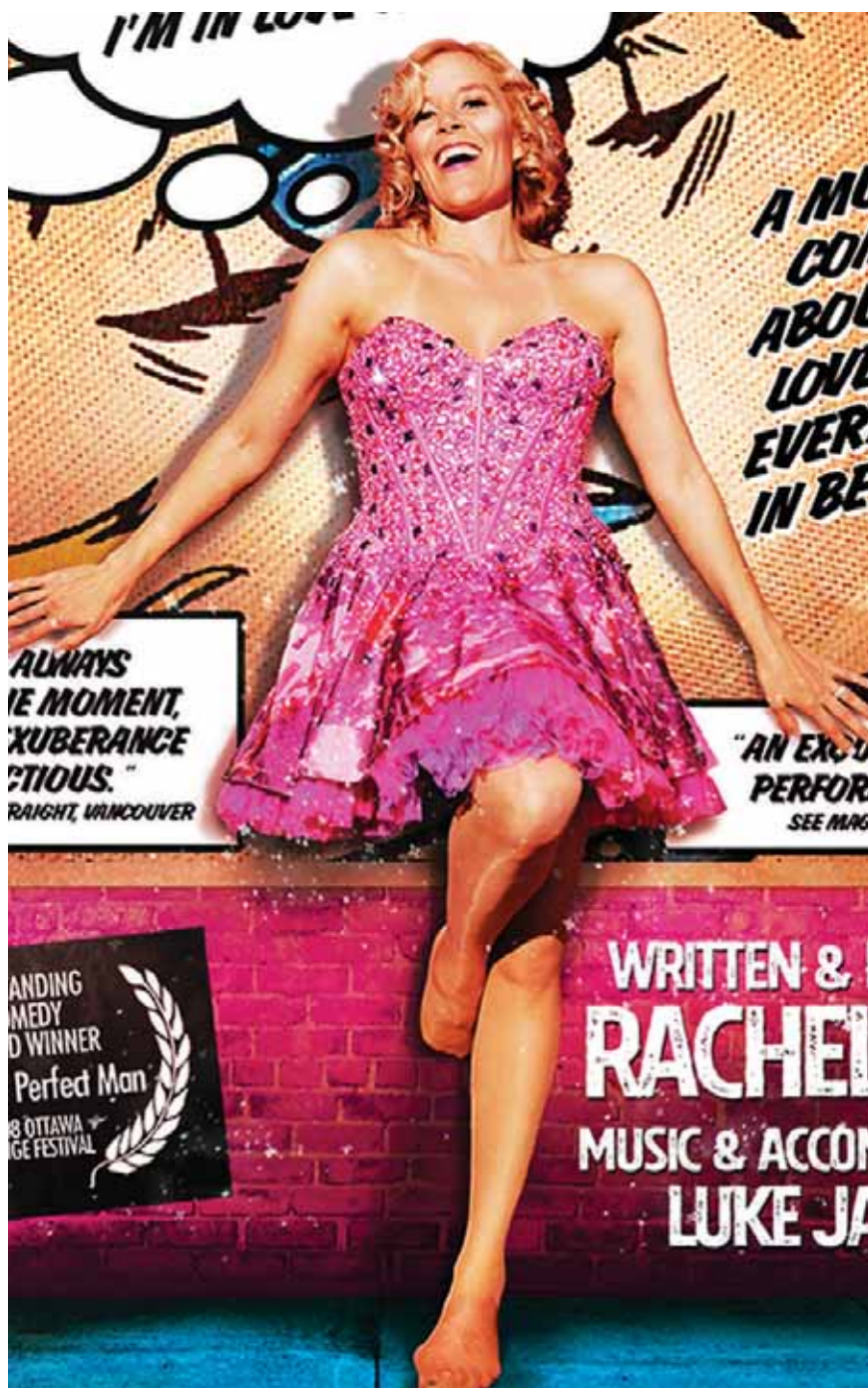
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As shown in her promotional ad, comedienne Rachel Elie is lighting things up with her new musical *S—t I'm in Love With You Again* at Wakefest. CONTRIBUTED

Wakefest brings back the nudes

CULTURE

Arts festival gets steamy with bare-bones calendar



Trevor Greenway
Metro | Ottawa

Twelve notables from Wakefield are putting their derrieres on display this weekend for the public to enjoy.

If you haven't been to Wakefield, you should know that this isn't such a rare occurrence in the quirky picturesque town, it's just Wakefield.

But this weekend is a special occasion with the 8th edition of Wakefest taking over the streets — and the centrepiece is the 2016 Nudes of Wakefield Calendar — returning to the fest after a two-year hiatus.

"It has been different without it," admits Wakefest Artistic Director Elizabeth Logue, who eventually convinced photographer Franziska Heinze to bring the popular, bare-bones calendar back to the fest.

"It was there right at the beginning of the very first festival. That collaboration felt like it really became part of Wakefest, so it was really hard to not have it the last two years."

But Logue and her crew of artists have done well in the past without the bums and boobs — really well. Previous years have boasted silent films on the iconic Wakefield Covered Bridged coupled with a live band performing the film

score. They've had a pirate radio station, DJ dance parties, stilt walkers, intense spoken word nights, theatre, dance and everything else you can squeeze into a three-day arts festival.

This year packs that same artistic punch.

Things start off dramatic Thursday night with Poetry Troubadours Ilse Tursen and Mary Lou van Schaik reading out seductive prose at Le Hibou, before a pop-up art show down the road at Café Molo.

Friday night will have everyone in stitches, as award-winning comedienne Rachel Elie brings her off-the-wall musical comedy, *S—t, I'm in Love With*

Outlaw. The show is described as a cabaret on the macabre side. Again, the children will be better suited at home, watching *Frozen* for the 400th time.

Saturday is a day full of music and dance, as tunes will echo throughout the village — everything from small jam sessions to music and dance workshops.

Things get steamy again at 8 p.m. when photographer Heinze unveils the subjects she's been getting naked with over the last year. Can't go wrong with boobs, bums and beers.

Wakefield songstress Chris MacLean will then play hom-



Elie is like a standup comic, clown. She is a great storyteller and she makes it funny and she can sing, so she is a triple threat.

Elizabeth Logue

You Again, to the Black Sheep Inn. The professional clown, singer and actress will have you snickering and sobbing tears of laughter, as she delves into the good, the bad, the sad and the downright nasty that sometimes surrounds love and relationships — something we can all relate to.

"It's perfect for Wakefield," laughs Logue.

"(Elie) is like a standup comic, clown. She is a great storyteller and she makes it funny and she can sing, so she is that triple threat in the way of clowning and standup."

Sex, scandal, sacrament. This one's not for the kids.

Things turn even darker when Brian Sanderson, Sam Allison and Sheena Turcotte show you 15 Ways to be an

age to the fabled Ottawa Folklore Centre that just recently closed after an epic 38-year run. The show, *Big Wheels Turning*, is both a celebration and a tribute to the Ottawa music institution.

Sunday evening's show will bring a slew of Wakefield jammers together for a musical ruse at Kaffé 1870, as many will pay tribute to Bruce Springsteen's spanning career.

If you're looking to bust out of the city, but still want to dance this weekend, Wakefield is the place to be.

+ EVENTS

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Ottawans probably fear leak

ASHLEY MADISON

Hundreds of outed email addresses end in 'gc.ca'



Haley Ritchie
Metro | Ottawa

Ottawa's online adulterers better hope their spouses aren't nosy or tech-savvy.

The hackers who threatened to release private information from the cheating website Ashley Madison have made good on their promise.

The group released a massive cache of deeply personal information, including credit card numbers, names, email addresses and geographic locations.

Metro has not yet been able to confirm exactly how much of the leaked data — an estimated 32 million profiles — belongs to those in the nation's capital.

Ashley Madison does not



A detail of the Ashley Madison website on Wednesday in London. CARL COURT/GETTY IMAGES

send verification emails. That means the email accounts that appear in the hacked data may not actually belong to the site's actual users.

Many of the accounts are also fakes, created by Ashley-Madison.com to inflate num-

bers. And some people may have signed up out of curiosity — not with the intent to cheat — if that distinction matters to their significant others.

However, a search of Ottawa-specific e-mail address-

es reveals that hundreds of email accounts are purportedly linked to public servants, university staff and students.

There are at least 543 users registered with emails that end in "gc.ca," an extension used by federal government



This event is not an act of hacktivism, it is an act of criminality.

Avid Life Media statement

departments or agencies. Of that number, 17 end in parl.gc.ca — an extension for those in the parliamentary precinct.

As for Ottawa's post-secondary institutions, it seems they too are apparently hotbeds for would-be cheaters. The site had 207 users signed up with University of Ottawa email addresses, while there are 106 from Carleton University and 77 from Algonquin College.

Avid Life has not yet confirmed if the data is legitimate, but released a statement Tuesday saying it is monitoring the situation.

"This event is not an act of hacktivism, it is an act of criminality," reads the statement.

"The criminal, or criminals, involved in this act have appointed themselves as the moral judge, juror, and executioner, seeing fit to impose a personal notion of virtue on all of society. We will not sit idly by and allow these thieves to force their personal ideology on citizens around the world," it continues.

The company has also denied that it stored credit card information.

"No current or past members' full credit card numbers were stolen from Avid Life Media. Any statements to the contrary are false," it said in a statement.

As for those hackers Ashley Madison and their users are cursing right now — they don't consider themselves the bad guys.

"It was ALM that failed you and lied to you," reads the message posted alongside the link to the data.

"Prosecute them and claim damages. Then move on with your life. Learn your lesson and make amends. Embarrassing now, but you'll get over it."

RELATIONSHIPS

Therapist says infidelity can indicate unresolved issues

Cheating can devastate any relationship — but what to do with the remnants? Torstar News Service talks to experts to figure out the next steps for both cheater and victim in the wake of the recent hacking of the affair-facilitating service Ashley Madison.

If your spouse or partner might be cheating, confront, talk and be honest, "but not in an accusatory way," says relationship expert Kimberly

Moffit, who heads KMA Therapy in Toronto.

Cheating is a symptom of an underlying problem, she said — if you want to remain a couple, solve that.

"Just because they signed up for a site, it doesn't necessarily mean they had a physical affair," she added, but that's beside the point.

Whether to believe one's partner actually cheated would depend on individual situations,

but a person's name being on Ashley Madison is in itself a problem, Moffit said.

Often, cheating — or the intention to cheat — is a result of neither party putting effort into a relationship or a series of unresolved disagreements, she said. "(A relationship) is kind of like a plant: you need to water it. Having time when you can dream and live together — that's really important."

TORSTAR NEWS SERVICE

CYBERSECURITY

Corporations open to hacking

Canadians are clueless about the vast majority of corporate data hacks because the cost of revealing a breach hits companies' bottom lines harder than keeping consumers in the dark.

Wednesday's cyber attack on Toronto's infidelity dating site Ashley Madison shone a spotlight on a risk that usually lurks in the shadows due to a lack of legal incentives to report hacks, experts say.

"The security at Canadian organizations today is inadequate," said Claudiu Popa, CEO of cyber security firm Inform-

atica Corp.

"In Canada, we don't have a law that is prescriptive enough to tell companies that they absolutely need to buy this or that type of technology."

While the government is required to report data breaches such as last year's Heartbleed attack at the Canada Revenue Agency, private companies are not required to report them.

The data leak on the notorious cheating website came to light because the hackers announced it, while last year's breach of thousands of Target

Canada customers was revealed partly because the United States requires companies to report data breaches.

"It's in their best interest to play along and to invest in more sophisticated technology for detection and prevention," Popa said.

Canada's Digital Privacy Act, passed by the Senate in June, will require companies to report breaches once regulations are prepared. But experts say it is essentially toothless without financial penalties.

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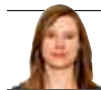
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Discounts vary by model and cash credit excludes Equinox LS AWD. 7 \$10,000 is a combined total credit consisting of a \$3,000 manufacturer to dealer delivery credit (tax exclusive) for 2015 Silverado Light Duty Double Cab, \$1,000 Owner Cash (tax inclusive), a \$800 manufacturer to dealer Option Package Discount Credit (tax exclusive) for 2015 Chevrolet Silverado Light Duty 1500 Double Cab LT equipped with a True North Edition and a \$5,180 manufacturer to dealer cash credit (tax exclusive) on Silverado Light Duty 1500 Double Cab WT 4WD, LS, LT or LTZ, which is available for cash purchases only and cannot be combined with special lease and finance rates. By selecting lease or finance offers, consumers are foregoing this \$5,180 credit which will result in higher effective interest rates. Discounts vary by model. 1/4/5/6/7*** Freight & PDI (\$1,600/\$1,650/\$1,695), registration, air and tire levies and OMVIC fees included. Insurance, licence, PPSS, dealer fees and applicable taxes not included. Offers apply as indicated to 2015 new or demonstrator models of the vehicle equipped as described. Offers apply to qualified retail customers in the Ontario Chevrolet Dealer Marketing Association area only (including Outaouais). Dealers are free to set individual prices. Quantities limited, dealer order or trade may be required. Limited time offers which may not be combined with other offers. GMCL may modify, extend or terminate offers, in whole or in part, at any time without notice. Conditions and limitations apply. See dealer for details. 8 EPA estimated. 9 Government 5-Star Safety Ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.safercar.gov). 10 Based on 2014 Insurance Institute for Highway Safety (IIHS) testing. 11 The Chevrolet Equinox received the lowest number of problems per 100 vehicles among compact SUVs in a tie in the proprietary J.D. Power 2015 U.S. Initial Quality Study™. Study based on responses from 84,367 U.S. new-vehicle owners, measuring 244 models and measures opinions after 90 days of ownership. Proprietary study results are based on experiences and perceptions of U.S. owners surveyed in February-May 2015. Your experiences may vary. Visit jdpower.com. 12 The Chevrolet Silverado LD received the lowest number of problems per 100 vehicles among large light duty pickups in the proprietary J.D. Power 2015 U.S. Initial Quality Study™. Study based on responses from 84,367 U.S. new-vehicle owners, measuring 244 models and measures opinions after 90 days of ownership. Proprietary study results are based on experiences and perceptions of U.S. owners surveyed in February-May 2015. Your experiences may vary. Visit jdpower.com. 13 2015 Cruze LTZ, MSRP with freight, PDI & levies: \$28,639. 2015 Equinox LTZ, MSRP with freight, PDI & levies: \$39,164. 2015 Silverado 1500 Double Cab 1LT 2WD, MSRP with freight, PDI & levies: \$47,189. Dealers are free to set individual prices. 14 The 2-Year Scheduled Lube-Oil-Filter Maintenance Program provides eligible customers in Canada, who have purchased, leased or financed a new eligible 2014 MY Chevrolet, Buick or GMC vehicle (excluding Spark EV), with an ACDelco oil and filter change, in accordance with the oil life monitoring system and the Owner's Manual, for 2 years or 40,000 km, whichever occurs first, with a limit of four (4) Lube-Oil-Filter services in total, performed at participating GM Dealers. Fluid top-offs, inspections, tire rotations, wheel alignments and balancing, etc. are not covered. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives available on GM vehicles. 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Credit is a manufacturer to consumer incentive (tax inclusive) and credit value depends on model purchased: \$500 credit available on Chevrolet Spark, Sonic, Cruze, Volt, Trax, Malibu (except LS), Buick Encore and Verano. \$750 credit available on others Chevrolet, Buick and GMC vehicles (except Colorado ZSA, Camaro Z28, Malibu LS, Silverado Light Duty and Heavy Duty, Canyon ZSA, Sierra Light Duty and Heavy Duty). \$1,000 credit available on Cadillac vehicles (except 2015 Cadillac Escalade) and \$1,000 on all Chevrolet Silverado and GMC Sierra. Offer is transferable to a family member living within the same household (proof of address required). As part of the transaction, dealer may request documentation and contact General Motors of Canada Limited (GMCL) to verify eligibility. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives. Certain limitations or conditions apply. Void where prohibited. See your GMCL dealer for details. 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Credit is a manufacturer to consumer incentive (tax inclusive) and credit value depends on model purchased: \$1,000 credit available on Chevrolet Spark, Sonic, Cruze, Volt, Trax, Malibu (except LS), Buick Encore and Verano. \$1,500 credit available on other eligible Chevrolet, Buick, GMC and Cadillac vehicles (except Chevrolet Colorado ZSA, Camaro Z28, Malibu LS, GMC Canyon ZSA and 2015 Cadillac Escalade). Offer is transferable to a family member living within the same household (proof of address required). As part of the transaction, dealer may request documentation and contact General Motors of Canada Limited (GMCL) to verify eligibility. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives. Certain limitations or conditions apply. Void where prohibited. See your GMCL dealer for details. GMCL reserves the right to amend or terminate offers for any reason, in whole or in part, at any time without prior notice.

Committee to review Westin plan

CONSTRUCTION

Extension will impact skyline, Heritage Ottawa says



Lucy Scholey
Metro | Ottawa

The Westin Hotel's plan for a new glass-enclosed banquet hall will be before the city's planning committee on Tuesday.

The proposal — a 378-square-metre extension to the 22nd storey of the Colonel By hotel next to the Rideau Centre and Shaw Centre — already won the National Capital Commission's unanimous approval in June.

But the plan needs a zoning amendment to allow that part of the building to creep up about five metres past the city's allotted height restrictions (up to roughly 131 metres, which is past the 127-metre limit).

Heritage Ottawa says the ex-



A rendering of the new glass-enclosed banquet hall. COURTESY CITY OF OTTAWA

pansion could impede on the city's skyline and views of the Ceremonial Route, Confederation Boulevard and "national landmarks of significant mu-

nicipal heritage."

"Do not add onto something which is already in breach of the City's View Protection By-laws," states the association's

comments in a city report.

City planners disagree and are recommending the committee approve the plan.

"The development will en-

hance visitors' experience of downtown Ottawa without impacting on the protected views of the existing landmarks in the area," reads the report.

Anyone standing on the Rideau Centre's rooftop terrace or the Mackenzie King Bridge will still clearly see Parliament Hill, the Rideau Canal, Arts Court and other heritage buildings, according to the report.

The tallest point of the Westin Hotel stands at 25 storeys, but the expansion would rest atop a terrace on the northwest corner of the 21st storey. That means it would not exceed the overall height limits, but those laid out in the "angular plane height limit."

In total, the orthogonal-shaped building houses 501 guest rooms, two restaurants and a 4,000 square-metre convention and meeting area.

This is not the first time the hotel has sought a zoning change for height restrictions. When first constructed in 1981-1982, the developers sought a minor variance to add "mechanical equipment" beyond the allotted height.

If approved, the plan will be sent to city council for review. The Westin Hotel is planning to build the expansion by 2017 and in time for Canada's 150th anniversary celebrations.

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CAMPAIGN TRAIL

Wynne takes aim at Harper

Ontario Premier Kathleen Wynne has frequently waded into federal politics through clashes with Stephen Harper, but in the midst of a federal election campaign she isn't easing off — she has jumped in with both feet.

Wynne has been actively campaigning for federal Liberal Leader Justin Trudeau, but nearly as often she promotes her federal counterpart she slams the prime minister, which could be seen as payback for Stephen Harper's attacks against her in last year's provincial election.

"I've been quite clear that we need a new government, that this government has not worked well with the province of Ontario, and I've been clear about that for some time," Wynne said Wednesday.

"I've also been clear that I support Justin Trudeau, and I will continue to look for a partner at the federal level that is bringing forward policies that will make sense for the people of Ontario."

Far from being content to merely deflect Wynne's barbs, Harper has gone on the offensive against the Liberal premier at many a campaign stop. The Conservative leader took the unusual step last week of returning to the microphone after reporters had asked all their questions because no one had raised the Ontario pension plan.

"I am delighted to see that our refusal to co-operate with the imposition of this tax is making it more difficult for the Ontario government to proceed," he said.

Harper used Wynne's pension proposal as the basis to attack his Liberal and New Democrat rivals again Wednesday during a campaign stop in London, Ont.

"Thomas Mulcair and Justin Trudeau essentially want to nationalize the Kathleen Wynne payroll tax hike," he said.

"I find it appalling that people who have demonstrated they cannot run the finances of the government think they are going to better run our own retirement finances for us."

The war of words between the two leaders has been ongoing long before the campaign, but it seems to have escalated the day Harper called the election. Wynne telephoned reporters to lash out at his Conservative government for not co-operating with her government on several issues, especially the proposal for a provincial pension plan.

THE CANADIAN PRESS

PM sidesteps questions about his former aide

FRAUD TRIAL

Still unclear if Ray Novak will be fired

Conservative Leader Stephen Harper is staying mum on the fate of Ray Novak after court testimony that his top aide had direct knowledge of the secret payment to cover Mike Duffy's disputed expenses.

Pressed about the issue Wednesday during a campaign stop in London, Ont., Harper sidestepped media questions about what Novak knew and whether his long-time confidante still has his support.

"I'm certainly not going to comment on matters that are part of an ongoing court case," Harper told reporters.

On Tuesday, Duffy's fraud and breach of trust trial heard that Novak was in the room when Nigel Wright, at the time Harper's chief of staff, first told the prime minister's lawyer Ben Perrin that he intended to give the embattled senator \$90,000 to repay the expenses.

That statement contradicts the Conservative Party's version of events — that Novak was not

in the loop on Wright's decision to personally pay Duffy's expenses.

The latest revelation puts a spotlight on Novak, who was promoted to chief of staff after Wright was forced out when his payment to Duffy became public in 2013.

It also raises fresh questions about what Harper himself knew about the deal. The Conservative leader has repeatedly said he had no knowledge that Wright himself had covered Duffy's costs.

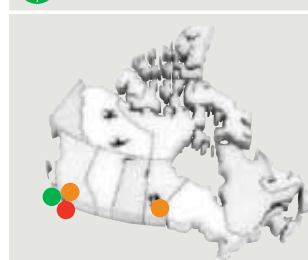
Harper refused to respond to direct questions about whether Novak had his support and would remain involved in the ongoing election campaign.

Both the Liberals and New Democrats are calling on Harper to fire Novak and on Wednesday, Liberal Leader Justin Trudeau urged the Conservative leader to "come clean" on the affair.

"The prime minister has to start telling the truth to Canadians," Trudeau said Wednesday morning during a campaign stop in Winnipeg.

NDP Leader Thomas Mulcair also took aim Harper, saying the fact that Novak knew about the deal makes it certain that the Conservative leader also must have known. TORSTAR NEWS SERVICE

WHERE THE LEADERS ARE TODAY



• **Justin Trudeau** will be in Victoria, B.C., to make an announcement.

• **Tom Mulcair** will be in Vancouver and will attend a rally in Winnipeg.

• **Elizabeth May** will be at a concert in Brentwood Bay, B.C.

Stephen Harper's itinerary was unavailable.

PUBLIC SAFETY

NDP pledges \$250M to add 2,500 front-line officers

Policing and public safety were the topics of the day on the NDP campaign trail, as leader Thomas Mulcair touched down in a British Columbia community wracked in recent months by a spate of shootings — many believed to be gang related.

Addressing supporters in Surrey, B.C., on Wednesday, Mulcair vowed that an NDP government would devote \$250 million to a police recruitment fund during its first four years in office. This up-front investment would be followed by \$100 million in annual, ongoing funding, he added.

The money would put 2,500

more front-line police officers on the streets in communities across Canada, he said.

"Gangs, street violence, gun violence in Surrey have now reached epidemic levels," said Mulcair. "Our plan will focus on providing increased, ongoing funding for policing in Canadian communities."

More than 30 shootings have plagued the fast-growing city since March.

Mulcair bypassed explaining where the quarter-billion dollars in initial funding would come from, but said the detailed costing for all the party's campaign



The prime minister's chief of staff Ray Novak was found to have direct knowledge of the secret payment to cover Mike Duffy's disputed expenses. ADRIAN WYLD/THE CANADIAN PRESS FILE

promises would be announced at a later date.

"While the crime rate has actually generally declined over the past 20 years, that's small consolation for those who are witnessing alarming trends in certain communities, like here in Surrey," Mulcair told supporters.

The details of how the new officers would be distributed across Canada would be ironed out in a joint meeting with the provinces and territories, he added.

Mulcair said the pledged funds would restore a police-

“Our plan will focus on providing ongoing funding for policing.”

Thomas Mulcair

recruitment program that was axed under the Conservative's watch.

Both the Canadian Police Association and the Federation of Canadian Municipalities have spoken out commending the NDP's announcement.

"We appreciate the New Democratic Party recognizing the value of public policing in Canada and support this proposed substantial investment in front-line police personnel," said police association head Tom Stamatakis in a statement.

In a release, FCM President Raymond Louie said he was pleased Mulcair understood the importance of working with municipalities. The NDP's commitment to boost local policing responds directly to the federation's calls for stronger investments in community safety, Louie added. THE CANADIAN PRESS



Rob Wells with the Stephen Harper sign he put in his vehicle's rear window in Edmonton on Wednesday.

JASON FRANSON/THE CANADIAN PRESS

Man gets ticketed for anti-Harper sign

ELECTION 2015

Edmontonian insists he had a right to display message in car

An Edmonton man plans to fight a traffic ticket he was given for sticking a crude political message in the rear window of his car.

Rob Wells posted the hand-made, pink "F---k Harper" sign a week ago to voice his contempt for Stephen Harper's Conservative government in the upcoming federal election.

He recently took a road trip to Vancouver and kept a log of about 60 other drivers who re-

acted with support.

"All the way out there I'm getting thumbs up, thumbs up, thumbs up," Wells recalled Wednesday.

On the drive back, after he hit the Calgary area on Sunday, he said he saw a few middle fingers.

RCMP then pulled him over about 50 kilometres south of Edmonton. An officer demanded he remove the sign, Wells said.

"I insisted that I had a right to have it ... it's a political statement."

He said the officer told him, "if you don't get rid of it, I'm writing you a ticket."

"I said, 'OK. We'll see you in court.'"

Wells was handed a \$543 fine under the section of the Highway

Traffic Act that prohibits anything that distracts other drivers.

Wells said he plans to be in Ponoka provincial court Nov. 12 to argue against the ticket and will also be filing a complaint with the RCMP.

RCMP Sgt. Josee Valiquette wouldn't comment on the political sign. She said police stopped Wells after receiving two complaints about erratic driving.

Wells argues his sign isn't distracting and he was simply stopped by police because of its message.

"It's sure not as distracting as a pretty girl driving around in convertible with the top down."

Wells said he was pulled over by Edmonton police 15 years ago, after he put a "F---k Ralph"

bumper sticker on his car to protest former Alberta premier Ralph Klein's push for private health care.

He wasn't charged.

Police determined he wasn't doing anything illegal, Wells said, and he recently dug up a police directive he received after his stop that states that officers shouldn't pull over vehicles with offensive political signs, unless the messages are hate crimes.

Wells plans to keep the Harper sign in the window of the Saturn hatchback parked outside his home, at least until the election is over.

He doesn't care if he gets stopped by police again.

"They can write up another ticket." THE CANADIAN PRESS

QUEBEC CITY

Officer charged in death of cyclist

A Quebec City police officer has been charged in connection with the death of a cyclist. Simon Beaulieu allegedly backed into Guy Blouin with his cruiser as he tried to arrest him in September 2014. He is charged with criminal negligence causing death and dangerous driving causing death. The death of Blouin, 48, angered residents in the neighbourhood where the incident occurred, prompting vigils and a protest.

THE CANADIAN PRESS

HEALTH CARE

Ontario and Alberta split air ambulance tab for woman

The governments of Ontario and Alberta have agreed to split the cost of an air ambulance bill for a woman who went into labour two months early while she was on vacation.

Alberta's Ministry of Health confirmed the two provinces had come to an agreement so Amy Savill would not have to pay thousands of dollars.

Savill, who is from Alberta, had to take a helicopter ambulance from Timmins to Sudbury when she went into pre-

mature labour while visiting Ontario in mid-July.

The Timmins hospital didn't have a level 2 neonatal intensive care unit to deliver and care for her baby.

Out-of-province residents pay the actual cost of an air ambulance in Ontario unless it's between two hospitals and they return to the first once within 24 hours, so Savill was hit with the bill after her daughter was born.

The Ornge air ambulance service could not comment

on a specific case, but said a one-hour flight on a helicopter ambulance would cost between \$8,000 to \$10,000.

Ontario Health Minister Eric Hoskins says Savill's case highlights some of the "challenges" Canadians can face in health care coverage as they travel across the country.

Savill is still in Sudbury, trying to raise an estimated \$50,000 for a medical flight for her and her daughter back to Alberta.

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Subway spokesman to plead guilty to sex crimes

CHILD PORNOGRAPHY

Jared Fogle could face up to 30 years in prison

Longtime Subway pitchman Jared Fogle agreed Wednesday to plead guilty to allegations that he paid for sex acts with minors and received child pornography in a case that destroyed his career at the sandwich-shop chain and could send him to prison for more than a decade.

Prosecutors allege that Fogle knew the pornography had been secretly produced by the former director of his charitable foundation, which sought to raise awareness about childhood obesity and arranged for Fogle to visit schools and urge children to adopt healthy eating and exercise habits.

Authorities reviewed tens of thousands of text messages and emails as part of their investigation into Fogle, who used "wealth, status and secrecy" to exploit children, U.S. Attorney Josh Minkler said.

A tight-lipped Fogle sat in federal court with his hands clasped and quietly answered "no" when the judge asked whether he had any questions about his rights. He is expected to enter the formal plea at a later date to one count each of



Subway restaurant spokesman Jared Fogle leaves his home in Zionsville, Ind., last month.

MICHAEL CONROY/THE ASSOCIATED PRESS FILE

travelling to engage in illicit sexual conduct with a minor and distribution and receipt of child pornography.

The agreement released by prosecutors said Fogle will pay \$1.4 million in restitution to 14 minor victims, who will each receive \$100,000. He will also be required to register as a sex offender and undergo treatment for sexual disorders.

The government agreed not to seek a sentence of more than 12 1/2 years in prison, and Fogle



Fogle knows that restitution can't undo the damage that he's done, but he will do all in his power to try to make it right.

Defence attorney Jeremy Margolis

agreed not to ask for less than five years, according to court documents.

Federal judges have wide discretion in sentencing. The child-porn charge carries a maximum penalty of 20 years in prison.

right," defence attorney Jeremy Margolis told reporters.

The married father of two, he added, has a "medical problem" and "expects to get well," but he did not elaborate.

Fogle, 37, became Subway's pitchman after shedding more than 200 pounds as a college student, in part by eating the chain's sandwiches. He was the public face of the company for more than 15 years — a period in which its number of locations tripled, making Subway the world's largest restaurant chain.

Subway suspended the partnership in July after agents raided his home in the affluent Indianapolis suburb of Zionsville, and the chain said this week that it had ended its relationship with Fogle.

Federal prosecutors allege in the documents that Fogle travelled to pay for sex acts, including with minors, from 2007 until as recently as June and that he repeatedly planned business trips to coincide with his sexual pursuits.

Fogle is accused of having sex with two 16-year-old girls at hotels in New York City. One of the girls told investigators she had sex with Fogle three times in November 2012, when she was 16, and again two months later, when she was 17.

The girl told Fogle her age when they first met, according to the documents.

After that meeting, Fogle allegedly texted the girl and offered to pay her a fee if she could find him another underage girl to pay for sex acts.

During these discussions, Fogle "stated that he would accept a 16-year-old girl, while stating that the younger the girl, the better," the documents said.

THE ASSOCIATED PRESS

OSCAR PISTORIUS

Early release denied

Two days before he was due to leave prison, Oscar Pistorius's early release was suddenly put on hold Wednesday by South Africa's Department of Justice, which sent his case back to a parole board.

It was unclear when the board would be able to meet again, justice department spokesman Mthunzi Mhaga said, but it was unlikely a new decision could be made by Friday's initially planned release date.

Pistorius, the double-amputee Olympic runner, is serving a five-year sentence for manslaughter for killing girlfriend Reeva Steenkamp in 2013. He was eligible to be moved from jail to house arrest after serving one-sixth of that sentence, or 10 months, which is up on Friday.

Wednesday would also have been Steenkamp's 32nd birthday, and her parents earlier held a beachside ceremony in their hometown of Port Elizabeth on South Africa's south coast.

In blocking Pistorius's release, the justice department said he was approved for home correctional supervision by parole officials in June, only eight months into his sentence. By law he should have served 10 months of his sentence before his case could be reviewed, the department said.

"It is apparent therefore that the decision to release him on 21 August 2015 was made prematurely on 5 June 2015 when the offender was not eligible to be considered at all," the justice department said in a statement.

Spokesman Mhaga said "the decision of the parole board will have to be suspended" until the board can meet again for a fresh hearing. Justice minister Michael Masutha would now study Pistorius's "profile" and the original parole board decision, the department said.

The earliest the board could now meet again would be Friday.

Pistorius's lawyer, Brian Webber said "we're considering our position."

Pistorius's family accepted the decision but was also considering their options, spokeswoman Anneliese Burgess said.

The star athlete was acquitted of murder at his dramatic trial last year, but convicted of a lesser charge of culpable homicide, comparable to manslaughter, for shooting Steenkamp multiple times through a closed toilet door in his home. THE ASSOCIATED PRESS

\$1.4 million

The amount Jared Fogle will pay in restitution to his victims — \$100,000 each.

THAILAND

'Foreigner' sought as bomber suspect

A police manhunt was underway Wednesday for an "unidentified foreign man" shown in a security video leaving a backpack at a popular Bangkok shrine just minutes before a bomb exploded there.

Two other people seen on the video near the man are also considered suspects in Monday's deadly bombing, police said.

Authorities released a sketch of the man who left behind the backpack and offered a 1 million baht (\$37,000) reward for

information leading to his arrest. But apart from the rough portrait, they had few solid leads in Monday's bombing at the Erawan Shrine that killed 20 people and wounded 120 others.

At a news conference, Prawut expressed uncertainty about the man's origin, saying the suspect "looks like a foreigner" but "might have been in a disguise and wearing a fake nose" to conceal his identity.

THE ASSOCIATED PRESS

IN BRIEF

Man arrested for bomb hoaxes in New York

Federal authorities say they've arrested a man for making a hoax bomb threat to "blow up" the Statue of Liberty in April, resulting in an evacuation of Liberty Island. They say the man has been held in Texas.

A complaint filed Wednesday in federal court in New York says Jason Paul Smith also made calls threatening to kill police officers at the Brooklyn Bridge and to bomb Times Square. THE ASSOCIATED PRESS

SAUDI ARABIA

Emergency ward closed due to MERS

Saudi authorities closed an emergency ward in one of the kingdom's largest hospitals after at least 46 people, including hospital staff, contracted the potentially fatal Middle East respiratory syndrome, also known as MERS, a health official said Wednesday.

Dr. Hanan Balkhi of the Health Ministry's department for infectious diseases said that of the 46 people infected at King Abdulaziz Medical City in the capital, Riyadh, 15 were medical staff. Another 20 people show-

ing symptoms are being tested, she added.

The patients from the ward, set to remain closed for two weeks, are being transferred to other hospitals, she said.

The Health Ministry recorded three new MERS deaths in Riyadh on Wednesday. The victims were all Saudi males ranging in age from 65 to 86, according to the ministry's website. That brings the total number of deaths to 483 since the virus was first identified in 2012. THE ASSOCIATED PRESS



TURKEY SPEAKING OUT AGAINST VIOLENCE A man protesting Turkey's operations against Kurdish militants holds a sign that says "Peace Block," in Istanbul on Wednesday. There has been a sharp escalation of violence between Turkey's security forces and the Kurdistan PKK, along with the collapse of a two-year peace process with the rebels. CAGDAS ERDOGAN/THE ASSOCIATED PRESS

UN says Yemen close to famine

MIDDLE EAST

Conflict, blocked ports leading to 'perfect storm'

The war in Yemen has pushed the country to the brink of famine, with both commercial food imports and aid deliveries held up by the fighting and millions of hungry women and children facing possible starvation, the United Nations said Wednesday.

Ertharin Cousin, head of the UN's World Food Program, said that while some food aid is flowing in, fighting around major ports is stalling deliveries, while reaching the country's interior is proving difficult and donor funding is still falling short.

"If we do not receive the additional access that is required to meet the needs of those who are affected by this ongoing conflict, if we cannot support the commercial mar-

kets by ensuring that the ports are open and providing food to ensure that those who have resources can buy the food that is necessary, and if we do not see increased donor support, we are facing the perfect storm in Yemen," she told reporters in Cairo.

Cousin was in Cairo following a three-day trip to Yemen. The WFP says all sides in the conflict must approve food deliveries.

UN humanitarian chief Stephen O'Brien, who also just returned from Yemen, told the UN Security Council he was shocked by what he saw: Four out of five Yemenis are in need of humanitarian assistance, nearly 1.5 million people are internally displaced, and people were using cardboard for mattresses at a hospital where lights flickered, the blood bank had closed and there were no more examination gloves.

Yemen's conflict pits Shiite rebels, known as Houthis, and troops loyal to former President Ali Abdullah Saleh

“

The scale of human suffering is almost incomprehensible.

Stephen O'Brien

against southern separatists, local and tribal militias, Sunni Islamic militants and troops loyal to President Abed Rabbo Mansour Hadi, who is in exile in Saudi Arabia.

The humanitarian situation has steadily deteriorated since the fighting picked up in March, when Saudi Arabia launched a U.S.-backed coalition air campaign against Houthi forces and their allies, which control large swaths of the country, including the capital.

Saudi Arabia views the Houthis as a proxy of its arch rival, Shiite powerhouse Iran, and an attempt to expand its influence on the Arabian Peninsula. Iran supports the Houthis politically but denies arming them. THE ASSOCIATED PRESS

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INDIA

Brothers kill sister over affair with cousin

Two brothers in northern India beheaded their teenage sister and carried her head through their village because they disapproved of her romantic relationship with a cousin, police said Wednesday.

At least a dozen people watched as 17-year-old Phool Jehan was dragged out of her house, beaten and beheaded by her brothers late Monday, but they did not inform the police, officer Rajesh Singh said. The

crime was reported by a local security guard.

Police have been unable to find the two brothers. Their ages were not clear, but they were both older than their sister.

After beheading Jehan, Nanhe and Gul Hasan left their sister's body in the street and roamed around the village with her head, shouting that they were against the relationship, Singh said.

Honour killings are common across India, but such brutal slayings are extremely rare.

As India modernizes rapidly, it finds itself in the midst of huge social turmoil as young people challenge accepted social norms. As more people attempt to break from tradition, they face backlash, often violent, especially in rural areas.

India also is considered one of the harshest places in the world for women, with female

infanticide and child marriage still common.

The United Nations' gender inequality index places India next to last, above only Saudi Arabia, based on labour, reproductive health, education and politics. The index does not consider issues of violence.

While the brothers are on the run, police have detained Jehan's cousin to question him, said B. Kumar, another police officer. THE ASSOCIATED PRESS



Known as "Mr. Palmrya" among Syrian antiquities experts, Khaled al-Asaad refused to leave after Sunni extremists took claim of the community and neighbouring ruins, leading to his demise on Wednesday. SANA VIA THE ASSOCIATED PRESS

ISIL beheads archaeologist

SYRIA

81-year-old scholar hid treasures of ancient town

The 81-year-old antiquities scholar had dedicated his life to exploring and overseeing Syria's ancient ruins of Palmrya, one of the Middle East's most spectacular archaeological sites. He even named his daughter after Zenobia, the queen that ruled from the city 1,700 years ago.

That dedication may have cost him his life. On Wednesday, relatives and witnesses said Khaled al-Asaad was beheaded by Islamic State of Iraq and the Levant (ISIL) militants, his bloodied body hung on a pole in a main square.

Antiquities officials said they believed ISIL militants had interrogated al-Asaad, a longtime director of the site, trying to get him to divulge where authorities had hidden treasures secreted out of Palmrya before the extremists seized the ruins last spring.

The brutal killing stunned Syria's archaeological community and underscored fears the extremists will destroy or loot the 2,000-year-old Roman

era city on the edge of a modern town of the same name, as they have other major archaeological sites in Syria and Iraq.

"We have lost not just a scholar of archaeology but one of the pillars of archaeology in the 20th century," said Ahmad Ferzat Taraqqi, a 56-year-old antiquities expert and friend of the victim.

The Sunni extremists, who have imposed a violent interpretation of Islamic law across the territory they control in Syria and Iraq, claim ancient relics promote idolatry and say they are destroying them as part of their purge of paganism — though they are also believed to sell off looted antiquities, bringing in significant sums of cash.

Known as "Mr. Palmrya" among Syrian antiquities experts for his authoritative knowledge and decades administering the site, al-Asaad refused to leave even after ISIL militants captured the town and neighbouring ruins in May.

Al-Asaad had been in charge of Palmrya's archaeological site for four decades until 2003, when he retired, according to Syria's state news agency SANA.

He then worked as an expert with the Antiquities and Museums Department.

THE ASSOCIATED PRESS

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Germany OKs bailout

GREECE

Yes vote comes in nick of time for Thursday's debt deadline

Germany's parliament overwhelmingly approved a third bailout for Greece on Wednesday, removing the last hurdle to providing new loans to the country and keeping it from defaulting on its debts in as little as 24 hours.

The vote's result also dispelled speculation that Chancellor Angela Merkel would have difficulty getting her conservative bloc to sign on. Lawmakers voted 453-113 in favour, with 18 abstentions.

Along with an approval from the Dutch parliament, the German vote means Greece is cleared by European states' parliaments to get the first instalment of its new 86-billion-euro (\$95 billion US) three-year package of loans.

The country needs the cash to make a debt repayment Thursday.



People stroll past a souvenir shop in central Athens, Wednesday, a day before Greece was due to make a payment to avoid defaulting. PETROS GIANNAKOURIS/THE ASSOCIATED PRESS

The German parliamentary approval was never in doubt, but in a similar vote last month, 60 members of Merkel's conservative bloc voted against. Some local media had speculated that as many as double that could rebel this

time as Germans are increasingly skeptical about giving Greece more money, but in the end only 63 from her bloc of 311 voted against.

German Finance Minister Wolfgang Schaeuble, a senior member of Merkel's Christian

Democratic Party who has been one of the harshest critics of Greece, may have helped the cause, as he lobbied hard ahead of the vote for the passage of Greece's third bailout in five years.

Schaeuble told lawmakers

If Greece stands by its obligations ... then the economy can grow again.

German Finance Minister Wolfgang Schaeuble

that while voting in favour of the bailout wasn't an easy decision for him, approval of the three-year loan package is "in the interest of Greece and the interest of Europe."

Germany is the largest single contributor to the bailouts, and many in Schaeuble's party remain skeptical. Merkel's coalition partner, the Social Democrats, and the opposition Greens also backed the deal.

In the Netherlands, a majority of lawmakers also gave its backing to the new Greek rescue after a heated debate in which Prime Minister Mark Rutte was attacked for reneging on an election pledge to not approve another bailout for Greece.

THE ASSOCIATED PRESS

NEW BRUNSWICK

Refinery plans big project

Canada's largest oil refinery will announce details this week of what it calls the largest maintenance project in the company's history.

A notice from Irving Oil says the project, which will be revealed Thursday in Saint John, N.B., will be one of the largest private-sector investments in Canada this year.

Premier Brian Gallant has been hinting for days that a major announcement is coming that could create thousands of jobs in southwestern New Brunswick.

"Anything that will help us create jobs, whether it's in the short term or the long term, is welcome as long as it's done in the right way," he said.

Gallant said the Irving project is private-sector investment, without government funding. The Irving Oil refinery opened in 1960 and produces more than 300,000 barrels of refined product each day. The facility has been upgraded numerous times, including a \$1.5-billion project in 2000. THE CANADIAN PRESS

IN BRIEF

USDA seeking bids from bird-flu vaccine makers

The U.S. Department of Agriculture is taking bids from animal-health companies for a bird-flu vaccine, saying it is preparing for the possible return this fall of the H5N2 virus that resulted in the death of 48 million birds.

THE ASSOCIATED PRESS

B.C. oysters recalled

Oysters harvested from B.C. coastal waters on or before Tuesday and sold for raw consumption are being recalled because they may contain unacceptable levels of a bacterium called *Vibrio parahaemolyticus*.

THE CANADIAN PRESS

PHARMACEUTICALS

Female aphrodisiac gets FDA clearance

The U.S. Food and Drug Administration has approved the first prescription drug designed to boost sexual desire in women, a milestone long sought by a pharmaceutical industry eager to replicate the blockbuster success of impotence drugs for men.

But stringent safety measures on the daily pill called Addyi mean it will probably never achieve the sales of Viagra, which has generated billions of dollars since the late 1990s.

The drug's label will bear a boxed warning — the most serious type — alerting doctors and patients to the risks of dangerously low blood pressure and fainting, especially when the pill is combined with alcohol. The same problems can occur when taking the drug with other commonly prescribed medications, including antifungals used to treat yeast infections.

Under an FDA-imposed safety plan, doctors will only be able to prescribe Addyi after completing an online certification process that requires counselling

patients about Addyi's risks. Pharmacists will also need certification and will be required to remind patients not to drink alcohol while taking the drug.

Opponents of Sprout Pharmaceutical's drug say it's not worth the side effects, which also include nausea, drowsiness and dizziness.

They point out that the FDA rejected the drug twice, in 2010 and 2013, due to these risks.

"This is not a drug you take an hour before you have sex. You have to take it for weeks and months in order to see any benefit at all," said Leonore Tiefer, a psychologist and sex therapist who organized a petition last month calling on the FDA to reject the drug.

The search for such a pill was pursued and later abandoned by Pfizer, Bayer and Procter & Gamble, among others. Drugs that act on blood flow, hormones and other biological functions all proved ineffective. Addyi, known generically as flibanserin, is the first drug that acts on brain chemicals that affect mood and appetite.

THE ASSOCIATED PRESS



This is not a drug you take an hour before you have sex.

Sex therapist Leonore Tiefer

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ROSEMARY WESTWOOD

metroview

Distancing is easier than dealing with the deeper issues

It's distancing time.

First, for Subway and its sandwiches. Few things were more profitable, once, than a slimmed-down Jared Fogle holding a tuna footlong.

But Fogle is pleading guilty to child-sex and child-porn charges, and child abuse doesn't sell sandwiches.

Subway is scrubbing its image clean — taking down Fogle's picture in restaurants and ending their partnership.

"We no longer have a relationship with Jared and have no further comment," the fast-food giant tweeted on Tuesday.

It found more to say on Wednesday morning, after federal prosecutors released details of Fogle's guilty plea, and the fact he'll pay \$100,000 to each of 14 victims.

"Jared Fogle's actions are inexcusable and do not represent our brand's values. We had already ended our relationship with Jared," read a company tweet.

If there's ever a time to agree with a corporation, it's on the count that Fogle's consumption of child pornography and his interstate trips to have sex with minors do not represent Subway's "values".

Then, for Ashley Madison, purveyor of affairs, it's a bit of a different dance. The company is distancing itself from the criminal behaviour of hackers who finally dumped

the details of 32 million accounts. (It's always kept a safe distance from the moral high ground.) It's hardly had to defend its security practices, since hacks have become the new norm.

If you're one of Ashley Madison's millions of unmasked affair-seekers, the task of distancing yourself from your scheming self is trickier.

It will mostly be a more private affair — fewer Twitter statements, more head-hanging. Less "We no longer have a relationship" and... well, maybe a bit of that.

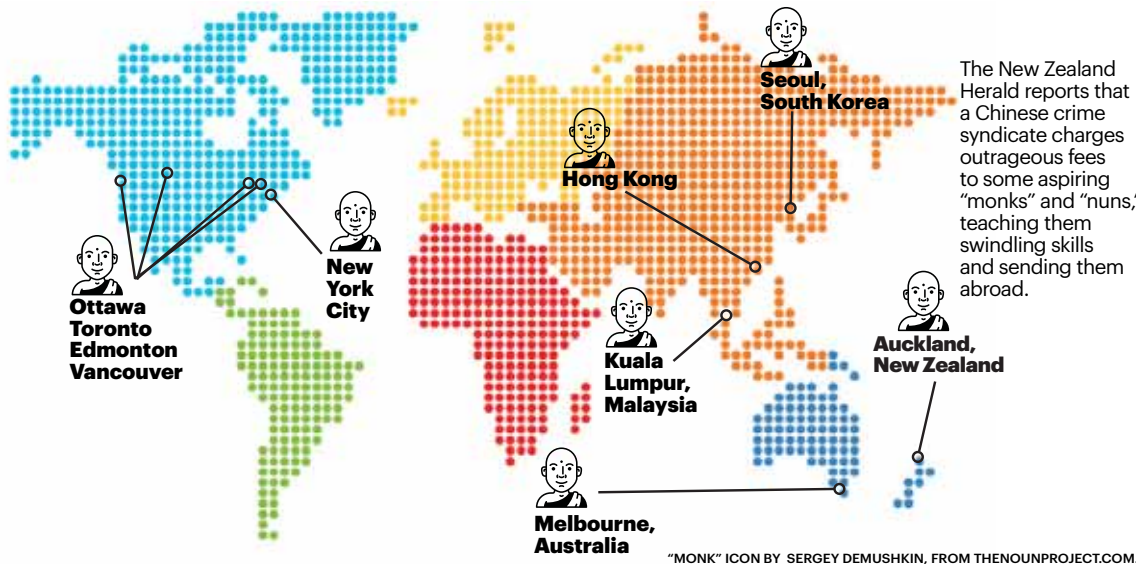
Ashley Madison devotees will need to operationalize their "If I'm outed" plans: Delete all traces of attempted or achieved affairs, secure a marriage counsellor, and gently prod friends for a spot on the couch. That's assuming public shaming is kept to a minimum, which might, admittedly, be assuming too much.

For the rest of us, there is the final act of distancing. By indulging in voyeuristic stories of cheating husbands, we don't have to look at the greater dysfunction of a society with million of sexless or bad-sex marriages. By turning a story of child sexual abuse into a story about Subway restaurants, we don't have to look at the greater network of criminals who bring children to men like Fogle.

We have no further comment.

THE BIG THING: BOGUS BUDDHISTS

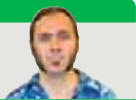
The routine is suspiciously similar in cities around the world: Men dressed in flowing orange robes approach passersby, slipping a bracelet onto their wrists or handing them a gold-foil token with a garbled platitude like "Work Smoothly Lifetime Peace." Then they demand a donation of \$10 or more, sometimes with a story about a temple needing repair. But it's a ruse: Though real monks may accept donations of food, the monastic lifestyle forbids begging. This has spurred speculation about where these not-so-pious panhandlers came from and if their efforts are organized. Here are just a few places where they've been spotted.



"MONK" ICON BY SERGEY DEMUSHKIN, FROM THENOUNPROJECT.COM.

Trophy hunting actually helps lions like Cecil

Gabriel Zarate



If you don't know who Cecil the lion was by now, you've been living in a cave. Actually, even people in caves probably have Internet and know about Cecil, too. But they probably haven't been living near lions.

Because in all the international furor over Cecil, who was killed outside Hwange National Park in Zimbabwe in July, one important thing to know about lions has been forgotten: Lions eat people.

It doesn't happen often, but it is a fact of life for people living in countries where lions roam free. In Tanzania, where human population growth has squeezed habitat space for lions and depleted their usual prey animals, 871 people have been killed or wounded by lions from 1990 to 2005, according to the journal Nature.

As such, lions aren't the most popular neighbours. Zimbabwean academic Goodwell Nzou wrote in the New York Times that villagers, armed with machetes and spears, keep children indoors when they know a lion is in town.

"In my village in Zimbabwe, surrounded by wildlife conservation areas, no lion has ever been beloved, or granted an affectionate nickname. They are objects of terror."

Without the protection of the law, lions may be killed or driven out of the area to protect children and livestock.

Many wildlife management experts believe trophy hunting encourages governments to protect lions as assets, rather than allowing villages to exterminate them as pests. According to one 2012 study, a single sport hunt brings \$24,000 to \$71,000 US into the local economy.

While the international media wrings its hands over Cecil's death, driven by arm-

chair outrage on social media, Africans shake their heads. Sub-Saharan African countries are impoverished compared to the West. Their wilderness is vast, wildlife patrols aren't free and poaching and habitat loss are far more serious threats to animal populations than trophy hunting, according to the International Union for Conservation of Nature.

Contrary to popular wisdom, lions aren't technically endangered. The IUCN Red List lists the lion as "threatened," meaning some populations are thriving while some are not. The major risk to the lion as a species — the reason their population declined 42 per cent from 1993 to 2014 — is primarily habitat loss.

When a rich foreigner spends tens of thousands of dollars on a hunt, it injects that money into national and local economies. Money may be the root of all evil, but try telling that to a Zimbabwean with kids to look after.

The money from trophy hunts helps pay for the salaries and equipment of wildlife conservation officers, who can still be outgunned by poachers serving a multi-million-dollar illegal trade in animal parts. In some countries the income from trophy hunts goes directly to conservation programs.

Trophy hunting indirectly helps preserve habitat for lions and their neighbours — cheetahs, leopards, impala and so many others. Without this commercial incentive, people do what people have done for millennia: Raze the wilderness to create farmland or pasture.

The Twitterverse can be moan the death of one majestic animal all it wants, but until the crushing poverty in Africa is addressed and defeated, there will always be more Cecils.

Gabriel Zarate is a Toronto-based editor who spent three years reporting from the Canadian North.

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Eating her way through books

VORACIOUS

Turning a love of reading and food into a literary feast

Henrietta Walmark
Metro | Canada

A butcher, a baker, a Yummy Books blog maker — Cara Nicoletti is all that, and the author of *Voracious: A Hungry Reader Cooks Her Way Through Great Books* (Little, Brown and Company, \$34, Aug. 18).

A collection of recipes inspired by literature, *Voracious* grew out of Nicoletti's blog that in turn was an extension of a book club turned supper club whose popularity outgrew her modest Brooklyn apartment.

Although Nicoletti as a kid wanted to write fiction and moved from her hometown of Boston to study literature at NYU in 2004, she never imagined she would write a book about food.

"To be really honest, I thought my blog would only be read by my family and my closest friends," Nicoletti says. "I never thought it would turn into a book."

Food is important in her family. "My mom's side is Jewish and my dad's side is Italian and both cultures are food obsessed and really love to gather and eat together."



Cara Nicoletti gathered her lit-themed recipes into a memoir. CONTRIBUTED



things at once. I still do."

When asked about food's influence on her life, Nicoletti laughs. "It's everything. All day long, it's on my brain."

"I spent a lot of years wringing my hands over the fact that food is my greatest comfort. Food and books are both my greatest comfort. I'll never be one of those women who gets really worked up and forgets to eat. The older I get the more I realize that this is not only my biggest comfort but the way I understand and experience the world," she says. "I never feel more like myself than when I'm

cooking or eating a meal with people that I love."

Nicoletti's joy at being in her element makes *Voracious* a feast for body and soul. The book unfolds as a chronological memoir: Nicoletti recalls stories from *Hansel and Gretel* (Gingerbread Cake with Blood Orange Syrup) to *Pride and Prejudice* (White Garlic Soup) to *Gone with the Wind* (Brown Butter Crepes). But it's her ability to recreate her intimate experience of reading books and their role as her muse that makes *Voracious* a collection to be savoured.

Though some readers might

INSPIRED BY A JOAN DIDION ESSAY

"Goodbye to All That" Grilled Peaches with Homemade Ricotta

Makes 6 filled peach halves

- 3 1/2 cups whole milk
- 1/2 cup heavy cream
- 3/4 teaspoon coarse sea salt
- 3 tablespoons fresh lemon juice
- 3 ripe peaches, cut in half and pitted
- 2 tablespoons olive oil, plus more for drizzling
- 2 teaspoons sugar
- Flaky sea salt (such as Maldon), for serving
- Coarsely ground black pepper, for serving

Pour the milk, cream and salt into a large, heavy-bottomed pot and cook over medium-low heat, stirring occasionally, until the temperature reaches 190°F on a candy thermometer. Remove the pot from the heat and stir in the lemon juice. Allow the mixture to sit for 5 to 7 minutes before straining



it through a sieve lined with three layers of cheesecloth. Let the cheese drain into a bowl for 1 to 2 hours.

Preheat a grill to medium.

Brush the peaches with the olive oil and dust them lightly with the sugar. Place the peaches, flesh-side down, on the grill and cook until char marks appear, about 2 minutes. Transfer the peach halves to bowls and spoon the fresh ricotta over them. Drizzle the ricotta with olive oil and sprinkle with flaky sea salt and coarse black pepper. Serve immediately.

Excerpted from the book *Voracious* by Cara Nicoletti. Copyright © 2015 by Cara Nicoletti. Reprinted with permission of Little, Brown and Company, New York, NY. All rights reserved.

find a couple of the book's recipes a bit unsavoury — Lord of the Flies / Porchetta di Testa (made from a pig's head) and The Silence of the Lambs / Crostini with Fava Bean and Chicken Liver Mousses — Nicoletti has no regrets about including them.

"Some of the most powerful food themes in literature aren't

necessarily the most appealing. That doesn't make them any less powerful. Those two recipes are the ones I hope readers will push themselves to try," Nicoletti says. "As a butcher that works with whole animals, I would love for people to challenge themselves to eat things on an animal that they wouldn't normally eat."



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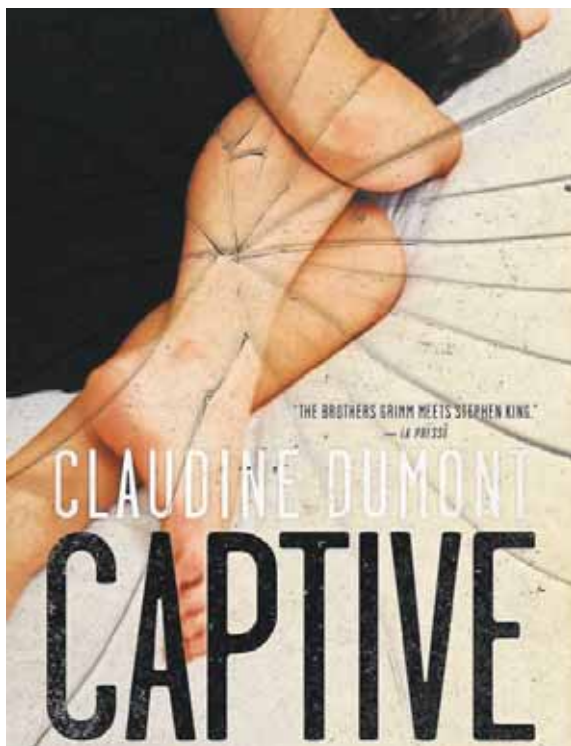
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A book that will hold you Captive



Captive owes some debt to James Frey's notorious book *A Million Little Pieces*. HANDOUT

CLAUDINE DUMONT

Quebec writer finds unlikely source for inspiration

BOOKWORM

Sue Carter



Claudine Dumont is the type of person who makes things happen.

When I catch the Quebec author and photographer by phone, she is covered in drywall dust, constructing the kitchen for Ma Souer et Moi café, a new restaurant in Laval she is opening at the end of the month with her older sister.

The siblings are both high school teachers, a profession Dumont describes as “hard and demanding and not very rewarding.”

It was Dumont's own teenage ambition — since she was 14 and first read John Irving — to become a writer. After

10 years of literature studies, she published her debut novel, *Anabiose*, in 2013.

She had two dreams for the book, both of which came true. Weeks after its release in French, she was contacted on Facebook by a producer interested in buying the film rights.

The adaptation goes into production early next year. Dumont also dreamt of an English-language version of the novel: *Captive* is out now with House of Anansi Press, with a translation by Montreal's David Scott Hamilton.

Captive is challenging to describe without giving away the plot details that make it such an exhilarating read.

Here's what you should know: Emma, a socially isolated office worker with a thirst for tequila, wakes up in a windowless concrete room with only a mattress and a lamp.

She has no clue who put her there, or how she'll escape. Written in clipped, almost breathless sentences and brief chapters, the suspense and physical action is relentless until the bombshell end-



Claudine Dumont describes her day job, teaching, as “hard” and “not very rewarding.” HANDOUT

ing (which admittedly may frustrate some readers.)

Dumont began writing the book, which took her about two months, while between teaching contracts.

“I'm not a very social person. I don't like being around a lot of people,” she says.

“I like to retreat but the more I retreated, the less I'd see people.

“That isolation that Emma experiences is where I was. I

was taking my own reality to an extreme.”

She was also inspired by an unlikely source: a passage from *A Million Little Pieces*, the 2003 memoir that got author James Frey booted out of Oprah's book club when it was discovered that he falsified many of its details.

Dumont was struck by the scene in which Frey is about to enter a rehab centre once again. He thinks that maybe this time it will work, and his life will be better.

Dumont says it made her imagine a rehab centre for people who don't know how to live their lives fully — not necessarily for those with addictions.

As all those elements came together, and even before Dumont started writing the manuscript, she knew exactly how the story would conclude. Without giving away any spoilers, she teases, “I was leaning toward a bad ending but I think readers deserve candy at the end. That's what I like when I read.”

Sue Carter is the editor at *Quill & Quire* magazine.

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GOSSIP BRIEFS

Twilight saga over

We live in an age of reboots and remakes, and movie studios are big fans of making money, so it makes sense that we should be worried about someone relaunching the Twilight series. And Kristen Stewart

is apparently all for it — as long as she doesn't have to be in them.

"I was so genuinely, heavily entrenched in that," she tells Uproxx. "It's hard to speak to a five-year period in a few sentences, but I loved doing it."

But that doesn't mean I want to keep doing it."

NED EHRBAR/METRO



Payne explains

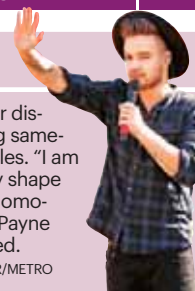
One Direction fans can apparently be a finicky bunch. Case in point: Liam Payne recently introduced a song, Girl Almighty, at a concert with what he thought was an amusing observation.

"This is my favourite song off the last album, and it is about trying to find that No. 1 woman of your life, which none of you can relate to, 'cause most of you are girls," he said.

Fans on Twitter took Payne

to task for disregarding same-sex couples. "I am in no way shape or form homophobic," Payne responded.

NED EHRBAR/METRO



DIVORCE

Fox and Green over

IN HOLLYWOOD

Ned Ehrbar



This one is kind of a bummer: Apparently one of the coolest married couples in Hollywood is no longer actually a couple.

Megan Fox and husband Brian Austin Green have reportedly split up — and they did it a while ago.

"Megan has separated from Brian," a source

tells Us Weekly. "They decided on it six months ago."

Fox and Green have been together for 11 years and married for five. They have two children together — Noah, 2, and Bodhi, 18 months — in addition to Green's 13-year-old son, Kassius, from a previous relationship. They were last spotted in public together on June 9.



HEALTH CARE

Doherty cancer diagnosis

Shannen Doherty is battling breast cancer that worsened during a lapse in her health insurance caused by her former business managers, the actress claimed in a lawsuit filed Wednesday.

The former Beverly Hills, 90210 star claims that her former business managers and accountants mismanaged her money and allowed her health insurance to lapse last year. Because of that, she said she didn't go to the doctor

until she had insurance and there was a delay in diagnosing her cancer, which will likely require more drastic treatments, including a possible mastectomy and chemotherapy.

Doherty, 44, received the diagnosis in March and her doctors have said earlier treatment might have stopped its spread, the lawsuit states.

THE ASSOCIATED PRESS

O'Donnell's daughter found safe and sound

CHELSEA O'DONNELL

Teen missing since Aug. 11 found hiding in New Jersey

Rosie O'Donnell's teenage daughter was "of sound mind and body" when she was found in New Jersey after she left home for a week, police in New York said Wednesday.

Sgt. Daniel Wilson said Chelsea O'Donnell was found by South Nyack police a day earlier in Barnegat, N.J., at the house of a male she was "recently acquainted with." He didn't describe the relationship.

Chelsea declined medical attention, and "she did not appear to be in any mental distress," he said.

She had left the family's home Aug. 11 with a therapy dog, and her mother's concern was intensified because she had not been taking needed medication. Chelsea suffers

from mental illness,



Rosie O'Donnell and daughter Chelsea in 2010. THE ASSOCIATED PRESS/ALL OTHER PHOTOS GETTY IMAGES

according to her mother's spokeswoman, Cindi Berger.

Rosie O'Donnell lives in South Nyack, about 40 kilometres north of New York City, and police there had been involved in searching for Chelsea since Aug. 16. In the interim, Chelsea made contact with

third parties, so police "didn't believe that there was any immediate danger," Wilson said.

South Nyack police informed Barnegat police on Tuesday that they believed Chelsea was there. Police went to the residence and although the person answering the door initially did not want to reveal Chelsea's pres-

ence, police said they would not leave until she came out. She then appeared and willingly left with police.

Wilson said Rosie O'Donnell was co-operative and involved authorities because "several days had gone by and she wanted her daughter back."

O'Donnell also issued a statement and tweeted Tuesday that her daughter was missing, appealing to the public for help.

"It has been a difficult road for Chelsea and her family and they just want her back safe," Berger had said.

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What they're asking

With the cost of single-family homes on the rise in Canada, the townhome is an economical alternative to first-time purchasers looking to get into the market, while offering more living space than a conventional condo. Check out this great selection of newer and brand new, two-bedroom townhomes. **Duncan McAllister** FOR METRO

ASKING PRICES WERE ACCURATE AT TIME OF PUBLISHING.



\$294,900

Calgary

Here's a townhome at 177 Rainbow Falls Manor, located in Chestermere, just east of Calgary. The open floor plan offers a spacious living room, dining area and ample kitchen. The main floor also has a two-piece bathroom. The upper level offers a loft, a four-piece bath and two large bedrooms. The lower level is fully-finished with a family room, a two-piece bath, laundry room and storage area. The property is close to walking paths, schools, shopping and other amenities. Listing agent Tim Lind is a sales representative for RE/Max Real Estate, Mountainview, 403-333-0837.



\$279,900

Halifax

Here's a new townhome at Waterberry Park in Bedford, N.S. Amara Developments is offering a two-bedroom design that's ready for move-in. The units feature detailed exterior elements, in brick, stone and wood, and are finished with hard-surface flooring and stone countertops. The main floor has oversized windows and nine-foot ceilings. There's a top-floor laundry and a two-toned, hardwood staircase throughout the home. Listing agent Jeff Kielbratowski is a sales representative with Royal LePage Atlantic Realty, 902-877-1787.



\$399,900

Winnipeg

Located in the Royalwood neighbourhood, this open-concept, executive-style condo townhome was built in 2014. The unit features an open-style great room with large windows, a large kitchen with stainless steel appliances and granite counters, maple hardwood floors and patio doors leading out to a large, sunny deck. The master bedroom has a walk-in closet and ensuite bath, and a second bedroom with full bath and walk-in shower. Listing agent Dave Heinrichs is a sales representative with Royal LePage Dynamic Real Estate, 204-479-9222.



\$298,000

Ottawa

For sale is this stacked condo townhome in Elmvale Acres, with 1,012 sq. ft. of open-concept living space. The corner unit has lots of upgrades including hardwood on the main floor, custom blinds, granite countertops, a breakfast bar and appliances. There are two bedrooms on the lower level and a balcony off the living room. The unit is located close to downtown, transit, shopping and hospitals, with parking right outside the door. Listing agent Kerry Millican is a sales representative with Royal LePage Team Realty, 613-290-2990.



\$709,000

Vancouver

This new, two-bedroom unit in the Kitchener Mews is one of 10 new townhouses built by a premier Vancouver builder. The unit features 1,000 sq. ft. of living space, and listing agent Dale Mounzer says that the homes boast solid construction and well-designed living spaces, situated in one of the city's most sought-after areas. Just 10 minutes from the downtown core, the property boasts a walk score of 98. All homes include secure, underground parking and storage lockers. Mounzer is an associate with Macdonald Realty Ltd., 604-689-5115.



\$289,800

Toronto

Here's an open-concept design with a modern layout, located in the east-end neighborhood of Victoria Village. The two-bedroom townhome has extra-high ceilings, a split-bedroom layout, a large kitchen and front terrace with barbecue area. Listing agent Ira Jelenik says that thousands have been spent on upgrades, including floors and appliances. The unit is located in a family-friendly neighborhood close to transit, shopping, schools and parks. Jelenik is an associate with Harvey Kalles Real Estate Ltd., 416-441-2888.



\$389,800

Edmonton

This three-storey townhome in the Serenity Gardens community is a modern, 1,539-sq-ft. unit with two bedrooms, a den and a loft. The home features espresso-coloured hardwood flooring on the main level, dark wood cabinetry, a kitchen island with an eating area and stainless steel appliances, which are all included, as well as a gas barbecue hookup. The property is in an excellent location in Pleasantview, minutes to Southgate, the university, and downtown. Listed by Darlene Strang, an associate broker with RE/Max Real Estate, 780-908-3131.

Illuminate your school studies

DESIGN CENTRE

Karl Lohnes



School's back soon. Make the most of your school year (and dorm room) by adding a chic desk lamp to your study space. Here are a few that will brighten your room and illuminate your decor.

1 4040 Locust Teeny Table Lamp

Create a reading space anywhere by clipping to your desk, headboard or table. \$39, UrbanOutfitters.com

2 Equip Your Space
Architect Desk Lamp, Aqua

Light your studies at any angle. \$40, BedbathAndBeyond.ca

3 Pillar Desk Lamp

This Paul Isabella-designed lamp is a mixture of concrete and black aluminum at its best. \$179, CB2.com

4 Ceramic Owl Table Lamp, White

For those who pull all-nighters: Someone's watching. \$25, Walmart.ca

5 HARTE LED Work Lamp

Bend your light anywhere and draw power from your computer or an ordinary outlet. \$17, IKEA.com

6 Atelier Table Lamp

Mixed metal, wood and a shade for a modern, warm glow. \$130, Structube.com



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Leave a small lunch footprint



Tanya Enberg
For Metro

If you have children heading back to school, it's time to prepare for all of those litterless lunches ahead.

The litterless lunch is exactly that — no garbage shall be left behind. In other words, everything your child brings to school with them — from juice boxes, snack bags and napkins to apple cores and banana peels — will return home with them at the end of the day.

With this in mind, stocking up on smart, reusable, eco-minded supplies designed to keep food fresh and safe, while being easy to clean and store, is a top priority for parents.

"Litterless lunch programs in schools mean they bring all the mess home with them," says Elena Delli Pizzi, category manager at Staples Canada.

And that could get very messy.

"Everything must be washable," she stresses.

"Reusable lunch containers, water bottles and cutlery are convenient because they can be placed in the dishwasher and are eco-friendly."

To create successful waste-free lunches, write a list of items you will need before shopping.

This may also include reusable cutlery, washable napkins and an insulated lunch bag that is easy to wipe down to eliminate bacteria.

The growing popularity of welcoming waste-free lunches in schools and daycares across Ontario is steering caregivers away from pre-packaged foods, further reducing excessive packaging, while providing fresher, healthier meal alternatives for youngsters.

"All of our lunch bags are fully insulated so they keep food cold, and we offer an assortment of hard and soft ice packs as well as ice mats," says Delli Pizzi of the importance of safely storing food for several hours before the lunch bell rings.

Look for dishwasher safe, BPA-free and leak-proof containers.

Plastic is popular

because it tends to be light, helping minimize excessive backpack cargo. Stainless steel containers are also a top choice as they are durable, food safe and lightweight.

Always look for high quality containers with lids that snap shut securely for an airtight seal to keep food fresh and safe, while preventing annoying spills, and choose a variety of sizes and styles.

Smaller containers are great for side dishes of fruit, veggies and sauces, and larger ones ideal for mains, such as sandwiches, salads and pasta. Bento box styles keep food nicely separated in one compact compartment for happy-kid lunching.

From left, Animal Lunch Pack, \$17, from MEC; Insulated Hearts Lunchbox, \$11.95 from Children's Place; Crocodile Creek's Vehicles pack-and-go lunch box, \$19.99, at Indigo.ca; Aladdin Collapsible Bowl Set, \$23 at MEC; T-Rex sandwich keeper and food container, \$6.99, at Indigo.ca; Crocodile Creek's 400 ml Robot drinking bottle, \$11.99, at Indigo.ca.

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Henderson's hockey years serving her well in LPGA

CANADIAN WOMEN'S OPEN

Rising teen star says time on ice gave her mental solidity

Brooke Henderson believes the time she spent between the pipes growing up can give her a big assist this week as she tries to become the first Canadian in more than 40 years to win Canada's national women's golf championship.

Before she turned to golf Henderson was a hockey goaltender. The 17-year-old from Smiths Falls, Ont., will take some of the mental toughness she learned on the ice into this week's \$2.25-million US Canadian Pacific Women's Open.

"To be a goalie you have to be a little bit strange, a little bit odd," said Henderson, prompting laughs during a news conference. "I think that has really helped me along the way mentally preparing for not only professional golf, but golf in general."

"A shooter coming down on you, and you have a one-goal lead, it's a lot of pressure. The whole team is counting on you. It's the same when you have a three-foot birdie putt to win a championship or make the cut. It's the same kind of pressure."

Henderson was thrust into the spotlight this week after win-



Brooke Henderson is the third-youngest LPGA Tour event winner ever JONATHAN FERREY/GETTY IMAGES

ning her first LPGA event with an eight-stroke victory Sunday at the \$1.3-million US Cambia Portland Classic. That made her the first Canadian to win an LPGA event since Lorie Kane of Charlottetown in 2001. She also is the Tour's third-youngest champion ever at 17 years 11 months six days.

The win prompted the LPGA to grant Henderson full membership on Tuesday, meaning she won't have to play Monday qualifying tournaments for the rest of the season. She faced having to qualify because she had exhausted all six of her spon-



I think that has really helped me along the way mentally preparing for not only professional golf, but golf in general.

Canadian LPGA star Brooke Henderson on how playing ice hockey in her youth helped her game

sor's exemptions previously this season. Gaining her tour membership on the eve of her national tournament was special for Henderson.

"I don't think it could have worked out any better," she said. "I'm pretty far from my home but still in Canada with all the

Canadian support and fans."

The last Canadian to win an LPGA Tour event on home soil was Jocelyne Bourassa in 1973 in La Canadienne, the precursor to the Canadian Women's Open. Her victory, in a playoff at Montreal, earned the Shawinigan, Que., native \$10,000.

+ THE FIELD

The field of 156 players, including 14 Canadians, is deep in talent.

Among those to watch are Inbee Park of South Korea, ranked No. 1 in the world, who won the recent Women's British Open; Lydia Ko of New Zealand, a two-time winner of the CP Women's Open, who is currently ranked second in the world; American Stacy Lewis, who has won 11 Tour titles during her career and is No. 3 in the world; and Norway's Suzann Pettersen, who has 15 Tour titles to her credit and is tied for seventh in the world rankings.

THE CANADIAN PRESS

IN BRIEF

Sailing body won't test Rio Olympic waters for viruses until WHO says necessary

Sailing's world governing body said Saturday it does not plan to conduct viral testing in Rio de Janeiro's polluted Guanabara Bay, the venue for sailing and wind surfing at next year's Olympics.

Dr. Nebojsa Nikolic, top medical official for the International Sailing Federation, told The Associated Press "we will certainly not do this" until the World Health Organization comes out with what he called a "firm statement."

The issue of increased testing for Rio's polluted waterways has drawn attention since an independent five-month analysis by AP published July 30 showed dangerously high levels of viruses from human sewage at all Rio Olympic water venues. THE ASSOCIATED PRESS

Spurs legend Duncan wins Twyman-Stokes award

San Antonio Spurs forward Tim Duncan has been named the Twyman-Stokes Award winner given annually to the NBA's teammate of the year.

A panel of NBA stars from the past nominated a panel of six candidates. Then nearly 300 active players voted for the winner.

Duncan received 72 first-place votes. Vince Carter of the Memphis Grizzlies finished second and Atlanta's Elton Brand finished third.

THE ASSOCIATED PRESS

Carpenter in as rugby captain for USA Test

Aaron Carpenter will serve as Canadian team captain for Saturday's Test match against the United States at Twin Elm Rugby Park in Ottawa.

He'll handle duties from the No. 8 spot in Tyler Ardron's absence. Carpenter, Hubert Buydens, John Moonlight and Harry Jones are the only other players to keep their spot in coach Kieran Crowley's lineup after Canada's recent 15-13 loss to the Americans in their final Pacific Nations Cup game.

Gordon McRorie is back at scrum-half after missing the U.S. game due to injury. THE CANADIAN PRESS

NFL

Judge says Brady's suspension could be scrapped

Tom Brady might have reason to practise more intensely after a federal judge made clear Wednesday that the NFL's four-game suspension of the New England Patriots quarterback over "Deflategate" is in jeopardy.

U.S. District Judge Richard M. Berman, who's been asked by NFL Players Association to void the suspension, warned a league lawyer during oral arguments that there was precedent for judges to toss out penalties issued by arbitrators in the scandal over underinflated footballs.

Berman continued to push for

a settlement in the dispute — a potential result he called "rational and logical." But throughout the hearing, he also cited several weaknesses in the way the NFL handled the controversy that could become the basis for handing a victory to Brady.

After the hearing, Berman met behind closed doors with both sides for more than an hour before the lawyers left court, saying the judge asked them not to discuss the negotiations publicly. If there is no deal, the Manhattan judge has said he hopes to rule by Sept. 4, six days before the Patri-

ots host the Pittsburgh Steelers in the NFL's season-opening game.

Neither Brady nor NFL Commissioner Roger Goodell was in court Wednesday. Brady returned to Patriots practice after participating in negotiations with Goodell a day earlier.

The league announced in May that it was suspending Brady over allegations he conspired with two Patriots equipment employees to deflate footballs below what league rules allow to give him a competitive edge in New England's victory over the Indianapolis Colts in Janu-

DISPUTE

Judge Berman questioned Goodell's defence of the Brady punishment on the grounds that it was comparable to penalties on players caught using performance enhancing drugs.

ary's AFC championship game. Goodell, who by contract can act as an arbitrator for labour disputes, upheld the suspension, touching off the legal battle.

THE ASSOCIATED PRESS



New England's Tom Brady STEVE HELBER/THE ASSOCIATED PRESS



Greg Bird drove in four runs on Wednesday in New York. AL BELLO/GETTY IMAGES

Bird in Yanks' hands worth 2 out of yard

MLB

Bronx Bombers sweep 3-game series vs. Twins

Greg Bird shrugged his shoulders a few times, gave a bashful smile or two and talked about how he's just honoured to be helping his Yankees teammates. Nothing seemed to phase this 22-year-old rookie.

Not even those two soaring homers he hit in his fourth big-league start.

Bird hit a pair of two-out, two-run drives Wednesday, supporting an overpowering effort

WEDNESDAY In N.Y.

4	3
YANKEES	TWINS

by Nathan Eovaldi and leading the New York Yankees to a 4-3 victory over the Minnesota Twins for a three-game sweep.

"His composure. You feel like he's been here already six months," teammate Chase Headley said. "He's very calm."

Eovaldi (13-2) did not allow a baserunner until Chris Herrmann singled with one out in the sixth. Topping 100 m.p.h. on

the scoreboard radar a handful of times, Eovaldi was touched for three runs in the inning when he lost command of his secondary pitches.

In seven electric innings, Eovaldi gave up four hits and struck out eight. He walked three in improving to 8-0 in his last 11 starts since June 20.

Dellin Betances pitched a perfect ninth for his eighth save for the AL East leaders, winners of six of seven.

Called up from Triple-A on Thursday, Bird has been in the lineup since replacing Mark Teixeira on the field Monday night after the switch-hitter fouled a ball off his right shin.

AL EAST RACE

The Blue Jays were 1.5 games behind the Yankees going into Wednesday night's game against the Phillies. Go to metronews.ca for coverage of that contest.

He connected twice off Ervin Santana, who fell to 0-8 in his last 11 starts against New York.

"This whole week's been crazy," Bird said, "but at the end of the day I'm just trying to do my job here, nothing more nothing less." THE ASSOCIATED PRESS

RED SOX

Dombrowski: I'm not here to blow up team

New Red Sox president of baseball operations Dave Dombrowski thought enough of the team to pick Boston over other suitors.

Now he's going to spend the next six weeks trying to figure out what's worth keeping — in the front office, on the field at Fenway Park and in the minor leagues.

"I'm not here to blow up the organization," Dombrowski said at a Fenway Park news conference on Wednesday, a day after he was hired. "They have a lot of good people here."

Speaking to reporters a day after a mid-game shakeup

DOWN YEAR

Boston entered Wednesday with a 53-66 record, 14 games behind rival New York in the AL East.

that left general manager Ben Cherington on the outs, Dombrowski said he would be hiring a general manager but was in no rush. He did not discuss the future of manager John Farrell, who is on leave from the team after being diagnosed with what he said was a treatable form of cancer. THE ASSOCIATED PRESS

DODGERS

MRI shows Puig has strained hamstring

Los Angeles Dodgers right-fielder Yasiel Puig underwent an MRI exam on his injured right hamstring Wednesday that showed a mild strain, and the medical staff doesn't expect him to need a stint on the disabled list.

Puig was held out of the lineup for the NL West-leading Dodgers in their Wednesday afternoon interleague finale against the Oakland Athletics — a 5-2 loss — and with Thursday's off day will have two full days of rest. The hope is he will test out his leg Fri-

day at Houston and play sometime during the weekend series against the Astros.

Puig was injured again just as he got on a nice roll. He has hit safely in six of his last seven games, batting .333 with two home runs, a triple and six RBIs since Aug. 11. He is hitting .250 with 10 homers and 35 RBIs in 72 games overall.

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RECIPE Grilled Chicken with Corn Salsa



EAT LIGHT AT HOME

Rose Reisman
rosereisman.com

📧 @rosereisman

Ready in

Prep time: 15 minutes

Cook time: 25 minutes

Serves 6

Ingredients

- 1/2 cup barbecue sauce
- 3 Tbsp cider vinegar
- 1 Tbsp molasses
- 1/4 tsp hot pepper sauce
- 1 1/2 lb boneless skinless chicken breasts
- 1/2 cup canned corn kernels, drained
- 1/2 cup diced red bell pepper
- 1/2 cup canned black beans, drained and rinsed
- 1/4 cup chopped green onion
- 3 Tbsp chopped cilantro or parsley

Directions

1. Whisk the barbecue sauce, vinegar, molasses and hot pepper sauce in a bowl. If you have time, marinate the chicken in the sauce for at least 30 minutes. Cover with

plastic wrap and refrigerate.

2. For the salsa, spray a non-stick skillet with cooking oil. Place over medium heat, and sauté the corn and red pepper until the corn begins to brown, about five minutes. Stir in the beans, onion and cilantro. Set aside.

3. Remove the chicken from the marinade, and set the marinade aside in a small saucepan.

4. Preheat the barbecue or a non-stick grill pan to medium and spray with cooking oil. Cook the chicken over medium-high heat for 10 minutes per side, or until temperature reaches 165 F.

5. While the chicken is cooking, bring the reserved marinade to a boil and boil for five minutes. Serve the chicken with the sauce and salsa on the side.

Nutrition per serving

- Calories 205
- Protein 28 g
- Carbohydrates 16 g
- Total fat 2 g
- Cholesterol 66 mg
- Sodium 270 mg

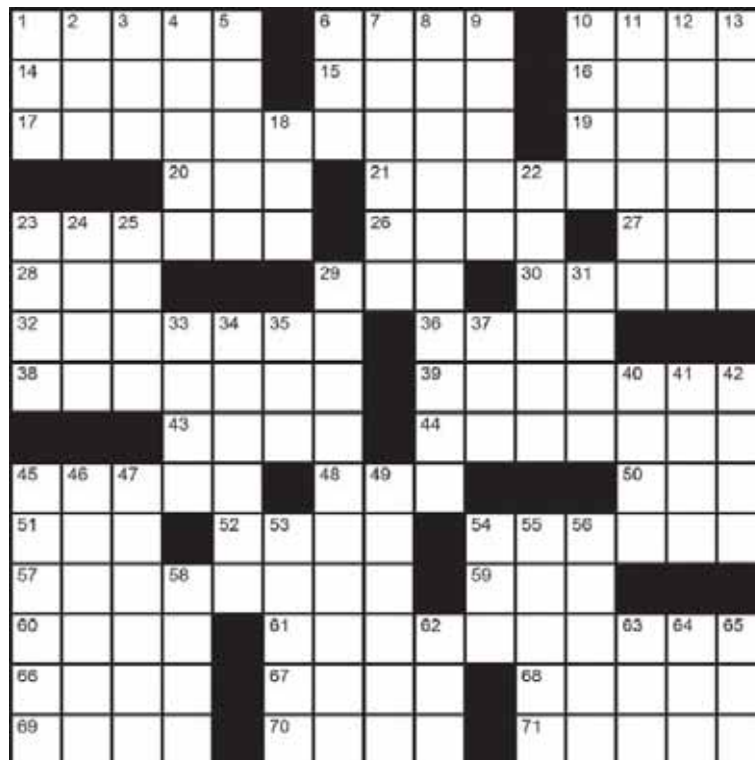
PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

- Comp. help givers
- Falls asleep, with Off
- Cobbler's tools
- "The Good in Everyone" band from Halifax
- Catch
- Decoy
- Narrow escape: 2 wds.
- Being
- Ink-on-skin pic
- Material used for making mechanical toys back in the olden days
- Crossword's friend
- Un-evens
- "The Fresh Prince of _-Air"
- William Tell's canton
- For
- Risky/complicated
- Pasta dish
- Laboratory bottle
- Level/squash
- Towards the middle
- Partner of Pete and Julie on 1968 to 1973 series "The Mod Squad"
- Formal surrendering, as of territory
- Jiggly dessert
- Informally seat the theatre-goers
- Air Supply's "Just _ _ Am"
- Disney deer
- Waistcloth



- Sculpting hammer
- Like the sound of chalk on the board
- Lacto- _ vegetarian
- Informally seat the theatre-goers
- Air Supply's "Just _ _ Am"
- Disney deer
- Waistcloth

- cheese
- Ms. Skye of "Say Anything..." (1989)
- Work the fashion runway
- Soaks flax
- Tire: French
- Uses the key-board

DOWN

- QVC equivalent in Canada
- Building wing
- Dove's murmur
- Must: 2 wds.
- _ _ preview (Special movie showing)
- _ _ degree
- Speechmaker
- Lolita _ (London,

- Ontario born actress of 1998's "Gods and Monsters")
- Fork out
- Eden offspring
- Sushi condiment
- One putting a home on the market, say
- _ _ eyed gaze
- After-R trio

- "Fiddlesticks!" and "Poppycock!"
- Jan & Dean's " _ City"
- _ _ Mountains (Range in Russia)
- Canadian fashion makeover show, " _ on a Dime"
- Cactus (Plant found in southern parts of the Prairies, it looks like an item in a sewing kit)
- Sigher's word
- " _ _ do." (This will suffice)
- Futile
- "1-2-3" singer Mr. Barry
- 'Serpent' tail?
- Currency in Oman
- Medicine amount
- Huffy-puffy mood
- Royal court entertainer
- Make the message secret
- Cowboy's corraler
- George Harrison, as a Beatle = The _ _
- At _ _ (All at once)
- Rap artist, _ Def
- Stop, in sailing
- Elevated
- Tree types
- Modern, in Munich
- Alsatian artist Jean
- 'Street' in Montreal
- TGIF part

★ IT'S ALL IN THE STARS by Sally Brompton

♈ Aries March 21 - April 20
You may not change your opinion often but when you do you really do — it's more a transformation than an adjustment — and that will happen today. You will be a totally different, and better, person come morning.

♉ Taurus April 21 - May 21
Is it possible to have too much of a good thing? You will get everything you desire today, plus a few things you didn't even know you wanted.

♊ Gemini May 22 - June 21
No matter how much you want to help other people, you must help yourself first. What good will you be to others if you are constantly worrying about paying the bills? Financial security must come first.

♋ Cancer June 22 - July 23
Today marks an ending of some sort. The good thing about endings is that they make new beginnings possible, so don't get upset if you have to say goodbye to something you cherish.

♌ Leo July 24 - Aug. 23
Aim high and refuse to accept second best. That applies especially to relationships. If you forget everything else over the next 24 hours at least remember the three Ls: Love, laugh and learn.

♍ Virgo Aug. 24 - Sept. 23
Travel plans could be disrupted but there is no point getting angry about it. If you find yourself stranded, just look around a bit and admire the scenery.

♎ Libra Sept. 24 - Oct. 23
You may find a colleague unusually obstructive today, but don't cross them off your list yet because the planets suggest it is not their fault. They too are coming under pressure from people further up the hierarchy.

♏ Scorpio Oct. 24 - Nov. 22
There is no point trying to run away from your problems. The more constructive part of your nature knows it must face them head on. Life may be tough but you can be tough too.

♐ Sagittarius Nov. 23 - Dec. 21
Someone will come to your rescue and do what has to be done with no questions asked and no thought of reward. You should be grateful to have friends as good as this.

♑ Capricorn Dec. 22 - Jan. 20
You need to make up your mind and choose between equally appealing alternatives. Don't fall into the trap of thinking that you can have it both ways because most likely you will end up with nothing.

♒ Aquarius Jan. 21 - Feb. 19
You are holding on too tightly and strangling the life out of a situation that needs a lighter touch. You don't have to be master of all you survey. You only have to master yourself.

♓ Pisces Feb. 20 - March 20
You will be generous today and others will be generous back. Look past superficial differences and realize that we are all very much the same under the skin.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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